## NEW SPA CENTRE INFORMATION

As part of our continued commitment to enhance our property and service, the spa & wellness centre is undergoing major renovation process. Our new spa centre should open during Spring 2018 and will have state of the art equipment for beauty treatments as well as fitness and relaxation.



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N 43° 29′ E 16° 33′

### **SPA MENU**

# NAVIGATING YOUR EXPERIENCE

#### TIMING / DISCOVERY

To allow time for relaxation before treatments, we encourage you to arrive 15 minutes prior to your first service. To minimize distractions from the experience, we ask that you kindly turn off communication devices prior to entering the treatment room.

#### **RESERVATIONS**

To ensure that your preferred treatment or therapist is available, we invite you to schedule your appointments well in advance. Spontaneous bookings (day-of-service / walk-ins) are always welcome, and will be accommodated based on availability. All reservations must be secured with a major credit card and telephone number.

### LATE ARRIVAL / CANCELLATION

Feel free to cancel your appointment up to 6 hour before the treatment. Cancellations after 6 hours before the treatment will occur with 50% charge of full treatment price to your account.

No show will occur with a full treatment charge.

#### ATTIRE

Upon entering, you will be given a robe to wear throughout your Diocletian Spa experience. Before your treatment begins, you will be given the opportunity to disrobe and cover yourself in privacy. Throughout your service your body will be draped with linens and will, at no time, be completely exposed. To fully experience the mixed-gender Wet area, please bring a bathing suit. Towels will be provided to you.

#### **RINSE**

A brief shower just before your massage or treatment washes off any salts, minerals or chemicals that could clog the pores during the treatment.

#### DIALOGUE

Communication with your therapist should be a free and open dialogue. Prior to the start of your service, please tell your therapist the areas you would like to be focused on and any areas to be avoided. During your service please let the therapist know if you feel any discomfort.

All prices are in Kunas and inclusive of VAT. Diocletian Spa management deserves the right to change prices. Prices are applicable from 15.11. until 15.5.



#### **MASSAGE**

#### SPORTS MASSAGE

A deep therapeutic massage which involves realigning the muscle fibres. This treatment is ideal for preventing and detecting injuries and rectifying any old injuries caused by sports or posture related problems.

> 25min / 220 50min / 350

80min / 500

#### ANTI-CELLULITE MASSAGE

The anti-cellulite massage is a type of body treatment that favors the elimination of toxins and adipose nodules that accumulate in specific areas of the body which are manipulated to increase the blood flow, supply more oxygen to your cells, restore tissue, stimulate the blood circulation and the lymphatic system. 40min / 300

#### **DECLEOR AROMA BODY MASSAGE**

A moment of pure delight using essential oil balms which are 100% natural, 100% pure and 100% effective. Tensions are soothed away and all stresses are released leaving you both invigorated and restored from deep within. 50min / 350 80min / 500

#### MEDICAL MASSAGE

Medical Massage is a scientifically based method of manual therapy that is applied to a specific area and the chief complaint of the patient. The manual therapy techniques are designed to relieve pain, increase range of motion, release trigger points and restore the soft tissue to a normal relaxed state.

> 25min / 220 50min / 350 80min / 500

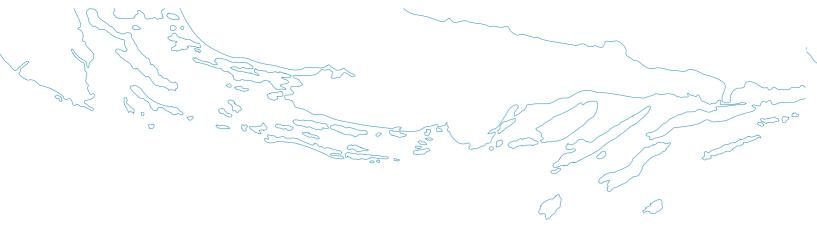
#### REFLEXOTHERAPY

Reflexology is a treatment technique which requires massaging the so called reflex zones. The foot is divided into 10 energy zones and every organ and body part has an active spot which can be stimulated in order to influence pathological and physiological phenomena. 25min / 220

#### HOT STONE MASSAGE

Experience a luxurious and relaxing massage combined with deep heat therapy. Basalt Lava Stones are heated and incorporated into a massage. The perfect treatment to loosen tight muscles, relieve stress and ease tension. 60min / 470





#### HOT CHOCOLATE MASSAGE

One of the best kept beauty secrets. Hot chocolate massage is more than just a luxurious relaxing treatment. It has been scientifically proven as therapy which leaves your skin regenerated and gives the stunning results.

60min / 470

#### DIOCLETIAN 4 HANDED MASSAGE

4 hands Diocletian massage is a treatment created for ultimate relaxation. Since our Diocletian was a demanding and out of ordinary emperor this massage makes you feel like a Roman emperor, reaching his supreme bliss throughout each bit and piece of your body.

60min / 750

#### DECLEOR AROMA FACIAL

This facial is a "massage for the face" using unique techniques which includes aroma pressure and aroma drainage. The skin is left looking radiant, restoring a natural glow to the dullest of skin, as well as deeply hydrating and balancing. Treatment includes aromassage of back, facial massage; use of essential oils through digitopressure technique. 50min / 320

#### THALGO AQUARELLE

The ultimate "Thalassotherapy" Facial treatment designed to energize and rebalance the vital functions of the skin through an incomparable concentration of minerals, vitamins and trace elements.

60min / 300



DECLEOR AROMAPLASTIE

This multi-vitamin active, natural treatment is tailored to every skin type. The treatment begins with a relaxing back diagnostic massage then your therapist selects products to rebalance your skins concerns.

This is Decléor's signature treatment composed of a cocktail of vitamins (E and B6), proteins, anti-oxidants and calming properties. It can be adapted to each skin type to target and meet specific needs. Your skin is visibly radiant after the very first treatment.

60min / 370
90min / 560



### THALGO HEART OF THE OCEAN RITUALS

This personalised Thalgo signature facial ritual begins with a relaxing welcome massage after which the skin is gently cleansed and exfoliated. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension in the arms, shoulders and neck. This is followed by a skin-specific mask to correct any skin concerns. The treatment finishes with an application of moisturiser, leaving the complexion restored to its natural beauty.

Can be personalised according to skin type:

#### SOURCE MARINE RITUAL Normal/dehydrated

COLD CREAM MARINE RITUAL
Sensitive & dry/very dry

#### PURETE MARINE RITUAL

Oily/combination 60min / 370

### THALGO ANTI-AGEING FACIAL RITUALS

Thalgo is an anti-ageing specialist and offers facials for different ages and anti-ageing concerns, all renowned for their incredible results. After a relaxing welcome massage, a tailored cleansing ritual and intense exfoliation is carried out to smooth the skin and allow optimum penetration of the active ingredients, and an expert anti-ageing massage lifts the features. While the mask smoothes fine lines and plumps the skin, you'll enjoy a relaxing hand and arm massage.

#### **COLLAGEN RADIANCE 25+**

Give your skin a Collagen boost and correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results 60min / 500

#### **HYALURONIC FILLER 35+**

Correct the signs of ageing with this smoothing and filling facial designed for age 35+ or for more pronounced wrinkles.

60min / 510

#### SILICIUM SUPER LIFT 45+

Dare to defy time with this super lift facial, designed to combat all the signs of ageing at 45+ (loss of firmness, pronounced wrinkles). After just one treatment you will already look 5 years younger.

80min / 520





This manual facelift using Thalgo's revolutionary massage technique, EnergiLift, targets and tightens individual facial muscles and visibly lifts the entire face, providing the ultimate anti-ageing facial to combat all signs of ageing and hormonal deficiencies.

90min / 560

## THALGO ILLUMINATING RADIANCE

Reveal your skin's beauty and radiance in just 30 minutes! The facial begins with a relaxing welcome massage, cleanse and exfoliation, after which the Ultra Radiance Mask is applied. An energising digitopressure massage helps the smoothing and radiance-boosting active ingredients absorb into the skin. The application of Absolute Radiance Concentrate to the face and neck awakens the skin and the treatment is finished with a skin-type appropriate cream, leaving the complexion fresh and glowing with radiance.

30 min / 250

#### THALGOMEN OCEAN

Thalgo has created the Ocean Facial for stressed skin. This hi-tech professional treatment is based upon relaxing massage movements and the application of a purifying mask diffusing all the goodness of the highly energising Algue Bleue Vitale directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance. 50min / 330



BODY TREATMENT

#### DECLEOR AROMA BLEND – BODY SHAPING TREATMENTS

Decleor Aroma Blend, the 1st tailor-made long lasting recharging body shaping programme that will act on body and emotions. A unique system made up of 4 body concentrates and 3 active oils, each with its own aromachological accord. To be fused together and blended in countless ways.

### THALGO DEFI CELLULITE – ANTI-ORANGE PEEL EFFECT

Treatment for an anti-orange peel effect Inovative Thalgo technologie with OXY ACTIVE complex reverses the cellulite generating process. 1st professional treatments that corrects 2 types of fat that cause dimpling, excess plumpness and slack skin. 60min / 370

#### FIRMNESS:

for a tonic, firm and toned body shape. 60min / 470

#### LIGHT LEGS:

For lighter feeling and sublimated legs. 30min / 320

#### WAISTLINE:

For a soothing of recurrent abdominal pain and a refined waistline 30min / 320

### DECLEOR AROMA BODY EXFOLIATION

An exotic exfoliation treatment to invigorate and to bring vitality to your body. We polish your skin to perfection followed by rejuvenating finish.

30min / 200



#### WELLNESS RITUALS

#### DIOCLETIAN SPA SIGNATURE TREATMENT COASTAL JOURNEY

Embark on a coastal journey through this unique spa experience designed to appeal to the most demanding traveller. Using pure essence Adriatic oils we take your senses on an unforgettable journey with the aim of relaxing your body and mind. 80min / 580

#### DECLEOR MADAGASCAR RITUAL

The treatment will take you through a voyage to experience the contours of the island, the climates, lush vegetation and unique culture through your therapist finger tips. The treatment consists of 52 techniques using active Essential Oils and brings deep relaxation through the breathing benefits of these oils. The blissful digito-pressure techniques and long stretches restore the energy to leave you feeling light, free from tension and rejuvenated.

60min / 500

#### THALGO POLYNESIA RITUAL

Thalgo's latest creation, the Polynesia Spa Ritual incorporates the rituals and oils used for centuries on these beautiful islands. Split into four stages, the treatment uses the scents of the vanilla pod and Algo-Monoi Complex, a blend of marine algae rich in trace elements and used by the Polynesian people for years to protect and enrich skin and hair. 80min / 440

#### THALGO INDOCEANE RITUAL

Like nectar to the gods in ancient times, drawing inspiration from an array of traditional beauty regimes founded in the Mediterranean, Egypt, India and China. The Thalgo Indocéane Spa Ritual treatment offers new life to the body, mind and spirit in a step by step complete body relaxation ritual. Awaken the senses and let tensions melt away as we guide you through four very unique beauty worlds. More than just a relaxing invitation to sleep, this is an absolute ritual of pure relaxation...

120min / 760



## TREATMENTS FOR YOUNG ONES\*

TEEN SPA CORNER (between 12 and 18 years old)

It is never too early for children and teens to learn the secrets of natural beauty and how to relax and revive their energies.

revive their energies. Therefore, Diocletian Spa created a fun spa menu that is suitable for young people's need, is engaging, informative and entirely sensitive to their privacy.

\*All guests under the age of 18 must have a signed parental consent form signed by a parent or legal guardian.

#### CHILDREN'S SPA

(between 5 and 12 years old)

#### PRINCESS ELSA

Get fairy tale-ready with a princess facial that includes a facial cleanse and massage. Your beautiful face will be glowing after we apply a glistening powder, and your lips will be shining after an application of a candy-flavored lip gloss.

20min / 210

#### NAILS OF A PRINCESS

Let's make your young one feel special with relaxing hand or feet massage that is followed by nail painting in various colors.

30min / 180

#### SUPERSTAR MASSAGE

Massage special tailored for young ones that include back, neck and shoulder massage. Superstar feeling will stay throughout the whole day. 20 min / 170

#### LOOK AT ME FACIAL

Facial for your favorite princess is combination face cleaning, application of mask and special massage. Final lip balm will make her princess feeling complete.

20min / 210

#### **GORGEOUS NAILS**

This procedure is for the smallest fashion lovers, who like to copy their mothers so much. Manicure includes the relaxing hand and feet massage as well as the neatly filed nails are definitely the dream of every little girl. We can also apply special nail polish for children, which will do no harm to the little Miss, but bring a lot of positive emotions. 30min / 180

#### SHINY TOES

Our children do not only need mother's care and affection. Just like adults, they want to look pretty from head to toes. This is especially true about girls, who like to copy their mothers. Peep-toe sandals in summer and beautiful pedicure, just like the adults have, will please every single little girl. 30min / 180



HANDS AND FEET
CARE

### OPI BASIC MANICURE

With regular OPI treatment, you will experience more youthful looking hands and more beautiful, healthy-looking nails! This manicure includes: cuticle treatment and nail filing and shaping. Service recommended twice monthly for wearers of both natural and enhanced nails. 40min / 200

#### OPI SPA MANICURE

This treatment combines elements of a classical manicure with a moisturising wellness treatment. This luxurious treatment includes: foot soak, skin scrub with AHA and natural sugar crystals, moisturising massage lotion, de-stress massage, hydrating skin mask, foot file and nail shaping. 60min / 300

#### OPI BASIC PEDICURE

This treatment includes: foot soak from tea tree, grapefruit and avocado, moisturising massage lotion, de-stress massage with vitamins, emollient, foot file and nail shaping.

40min / 200

#### OPI SPA PEDICURE

OPI SPA pedicure is a treatment that combines elements of a classical pedicure along with wellness foot treatment. The treatment is a perfect choice for those who value great looking feet and overall wellbeing. It begins with foot soak followed by nail shaping. In order to remove the dead cells and hard foot skin, a therapist conduct scarping sugar crystals after which a moisturizing cream is applied. The wellness foot treatment finishes with leg and foot massage.

FRENCH MANICURE OR PEDICURE 20min / 100

OPI SOAK-OFF GEL 20min / 200

SOAK-OFF GEL REMOVAL 20min / 100



WAXING

Waxing services for men and women are performed with award-winning Perron Rigot range of waxes from Paris which are the most superior on the market.

HALF ARM 15 min / 90
FULL ARM 25min / 130
HALF LEG 20min / 130
FULL LEG 40min / 200
BIKINI LINE 10 min / 100
UPPER LIP 5min / 50
FACE 15min / 90
BRAZILIAN 25min / 120
CHEST (M) 20min / 130
BACK (M) 30min / 180
LEGS (M) 45min / 230



EYEBROW SHAPING 50

EYEBROW OR EYELASH TINTING 50







To access the full menu please visit diocletianspa.com or scan QR code.



Prices are applicable from 15.11. until 15.5.

Our therapists are at your disposal for treatment consultation.